



IDM BERLIN 2021

35. INTERNATIONALE DEUTSCHE
MEISTERSCHAFTEN IM PARA SCHWIMMEN

As of 20.04.2021



Deutscher Behindertensportverband e.V.
National Paralympic Committee Germany



Behinderten- und Rehabilitations-
Sportverband Berlin

Gefördert durch:



Bundesministerium
des Innern, für Bau
und Heimat

aufgrund eines Beschlusses
des Deutschen Bundestages

WELCOME

The National Paralympic Committee of Germany has the pleasure to invite all federations and foreign clubs to take part at the Internationale Deutsche Meisterschaften im Para Schwimmen 2021, part of the 2021 World Para Swimming World Series. This meet is open to international classified swimmers with a disability from all nations. Athletes from outside Germany with a national classification have to indicate the exceptions with the entry.

1. GENERAL INFORMATION

1.1. Dates & General Information

Date of Competition:	17 June to 20 June 2021
Organizer:	National Paralympic Committee Germany - Section Swimming
Host (LOC):	Behinderten- und Rehabilitations- Sportverband Berlin e.V
Contact LOC:	Klaas Brose, brose@bsberlin.de Matthias Ulm, matthias.ulm@idm-schwimmen.de
Contact WPS:	Nicole Burns, Nicole.Burns@WorldParaSwimming.org

1.2. Venue Overview

Schwimm- und Sprunghalle im Europa Sportpark
Paul – Heyse – Strasse 26
10407 Berlin
Germany

Pool:	Competition pool	Warm up/down pool
Size:	50 x 25m, depth 3m	50 x 25m, depth 2,10m
Water temperature:	26°C	26°C
No of lanes:	10	10
Kind of ropes:	Super Wave killer	Wave killer
Timing system:	Omega electronic timing	

The warm up / swim down pool will be available during the whole competition.

1.3. Effects of Covid-19

Due to the ongoing pandemic of Covid-19 the Internationale Deutsche Meisterschaften im Para Schwimmen 2021 will have to be adjusted to measurements defined by the authorities, the city of Berlin and Germany.

These measurements are e.g.:

- Travellers aged six years or older who have been in a high incidence area or in a virus variant area in the past ten days prior to entry into Germany must carry proof that they have been tested for infection with SARS-CoV-2 coronavirus with them upon entry and present it to the competent authorities upon request and, if necessary, to the transport company prior to travelling.
- Travellers who have visited any other risk area (neither high incidence area nor virus variant area) during the ten days prior to entry into Germany must be in possession of a test result no later than 48 hours after entry and present it to the competent authorities upon request.
- In addition, travellers who have visited a risk area, high incidence area or virus variant area in the last ten days before entering Germany must register at www.einreiseanmeldung.de before arriving in Germany and carry proof of registration with them upon entry.
- Please find the list with “areas of variant of concern”, “high incidence areas” and “risk areas” [here](#). This list is updated on a daily basis.
- A FFP2 mask covering mouth and nose is mandatory in the venue at all times. Athletes training and competing in the water are allowed to swim without a mask.
- Everyone suffering from a cold or having symptoms of Covid-19 will not be allowed to enter the venue.
- The total number of registered athletes will be limited to 400.
- The number of team staff will be limited according to the number of athletes (1-3 athletes – 2 staff members, every 2 additional athletes – 1 staff member)
- No spectators are allowed in the venue.
- Warm-up, swim-down and training will follow a schedule.
- With entering the event every athlete, coach, supervisor, service provider, volunteer, etc. accepts the hygiene concept. A Covid-19 questionnaire has to be filled in by everyone entering the competition venue. A draft can be found in the appendix.
- A possible testing strategy is currently being developed. All parties involved will be informed in advance about any necessary testing in advance or on site.

For the full list of measurements, please read the hygiene concept [HERE](#).

1.4. Traveling to Berlin

Berlin has one international airport, Flughafen Berlin Brandenburg (BER).

When traveling by train, the closest station is Berlin Ostbahnhof but also Berlin Main Station is possible to travel to.

For teams traveling by car: Please note the inner city in Berlin is declared as environmental zone, only low-emission vehicles are allowed into. These vehicles must be identified by a green sticker. For more information have a look here:

http://www.berlin.de/senuvk/umwelt/luftqualitaet/umweltzone/index_en.shtml

1.5. Visa

It is the responsibility of each nation to ensure they have the proper documentation to enter Germany. Should visa be required, please contact Ulrike Hentschel at NPC Germany Headquarters for a letter of support (if required) via hentschel@dbs-npc.de. Please use the attached form for Visa applications.

Please note: An informal letter from your NPC is required to get the letter of support.

To check if you need a visa for entering Germany, you can follow this link:

<https://www.auswaertiges-amt.de/en/einreiseundaufenthalt/visabestimmungen-node/staatenlistervisumpflicht-node>

1.6. Accommodation and Transport

Teams are requested to book the championships 'All In' Package to reduce the transmission of COVID-19. The 'All In' Package can be booked directly in the online entry system of the IDM Berlin. You can find informations about at our website [download section](#) or the the appendix of this document.

If you have questions feel free to contact:

for all hotel requests hotel@idm-schwimmen.de

for all transportation requests transport@idm-schwimmen.de

1.7. Competition Fee

The entry fee is: € 120 per swimmer

€ 40 per staff (coaches, medicals, assistance, etc.)

Late entry fee: € 10 per single change (addition and/or scratch) after 03 June 2021

An additional entry of 50€ per attendee will be added to the entry invoice to cover the cost of onsite COVID-19 measures such as testing and Personal Protective Equipment (PPE).

Entry fees do not include accommodation, transport in Berlin and meals!

For the entry fees you will receive an official invoice with a payment deadline and reference number.

Account details for the entry fee payment will be listed on the entry fee invoice sent to the NPC or club due to their entries made in the online entry system. The fee has to be paid before 7 June 2021. For all payments made after this deadline we will charge an extra fee of 50 €

2. SPORT ENTRIES

We will only accept entries of 400 swimmers. The principle first come first serve applies.

Please use the online-entry-system on the website www.idm-schwimmen.de for all entries.

If an athlete is entering for classification purposes

All classification entries will need to be entered through **both** the IPC entry system [HERE](#) and to the IDM-Schwimmen system [HERE](#), to ensure the classification entries are processed without error.

Please note, it is the responsibility of the NPC to ensure both systems are entered.

Please be aware that you have to create a new account for the IDM 2021!

2.1. Entries

Due to the number of expected classifications, all entries by name have to be done at least 12 weeks prior to the event.

The entry by name deadline is:

Monday, 26 April 2021

Both, athletes and staff need to be registered until that date. After this deadline it will NOT be possible to enter additional personal. All NPCs will get a list of all entries done by clubs or federations of the country. NPC Germany will only accept a Club entry if a letter of confirmation is provided by your NPC.

Events can be entered and changed until the event entry deadline four weeks prior to the competition.

The event entry deadline is:

Monday, 31 May 2021

2.2. Confirmation of entries and corrections

All NPCs/teams will be informed about the entries after the entry deadline has passed.

All teams will receive a first overview of their teams' entry list until 02 June 2021. This overview will not include rejected entries.

All teams will have time until 02 June 2021 to send any kind of correction for their entries to the LOC to meldung@idm-schwimmen.de

After that deadline all additions, changes and deletions will be penalized with a subsequent fee of 10 € per change!

2.3. Competition Format and Schedule

The competition will be run under World Para Swimming technical swimming rules and regulations. The one start rule will apply for the IDM Berlin. Please be aware that only FINA approved swim suits will be allowed at the IDM Berlin. The competition is open for swimmers with a physical, a visual or an intellectual impairment. Competitions for the classes S1 - S14 will be offered. Seeding will be done according to entry times and independently of classification. All rankings will be done by German 1000 Point System.

The event schedule can be found in the attachment. For all changes and updates, please check the event website www.idm-schwimmen.de.

2.4. Swimmers Eligibility

The Internationale Deutsche Meisterschaften im Para Schwimmen is open for swimmers with impairments only.

WPS licensed Swimmers have to enter the event using their WPS SDMS ID and their current World Para Swimming classification which may be found online at <https://www.paralympic.org/swimming/classification/masterlist>

International Swimmers without an international classification will be allowed to take part in the heats and finals with their national classification but will not be allowed to enter the World Series Finals (A-Finals). It is the responsibility of the entering federation or club to enter the exceptions for these swimmers at the entry portal in case of participation with national classification. The competitor will be handled like an able bodied swimmer without entered exceptions.

Please remember to enter every swimmer ongoing classification at the IDM 2021 for minimum of the 100m Breaststroke and one 100m S-class event (Freestyle, Backstroke, and Butterfly)!

To take part in WPS World Series Finals and get results into WPS SDMS swimmers must hold an active World Para Swimming license for the 2021 Season and be internationally classified.

2.5. Rules & Regulations

For all World Para Swimming World Series events the current World Para Swimming Rules and Regulations apply. They can be found on the World Para Swimming website (see Swimming – Rules & Regulations – Rules).

According to the pandemic situation the call room rule is suspended for the IDM 2021.

The following amendments to the World Para Swimming Rules and Regulations will apply for this competition:

2.5.1. Heats:

The Heats will be set by times only in a timed final mode, fastest by times in the last heat.

2.5.2. Restrictions for Competition Entries:

a) 800m Freestyle, 400m Individual Medley:

There will be only two (2) heats for the start classes S6-14 in the events of 800m freestyle and 400 individual medley.

The best 20 entries per event will be accepted by system of 1000 – points. All Athletes born 2011 are not allowed to enter this competition.

b) 400m Freestyle:

We will only accept the best 40 entries by points for start classes S5-14 for the heats in the events of 400m freestyle in Open Class. For swimmers in youth classes (start classes S5-14) there will be no entry restrictions at 400m freestyle.

2.5.3. Finals:

The participating swimmers in the multi-disability finals will be determined by comparing the achieved times from the preliminary event by 1000 - point system. The number of finals will be decided on the number of entries of the respective event in the heats. Up to 40 entries there will be swum an A- and a B-Final. An additional Youth-Final will take place with up to 70 entries. For more than 70 entries in the heats of the event there will take place an A-, B-, C- and Youth-Final.

There will be announced a minimum of 5 substitutes for the open finals and 3 for the youth finals, nationality and start classes not taken into consideration.

In the case of a tie race by points and no waiver of the final place there will be a swim off. Seeding of all Finals will be by points.

A-Final – World Series Final:

The 10 swimmers best ranked by points will participate in the multi-disability World-Series-Final. Only the best 3 swimmers per class per event will be allowed to swim the World Series Final.

B-Final:

The next 10 swimmers best ranked by points will participate in the multi-disability B-Final.

C-Final:

A C-Final will only take place for events with more than 70 entries in the heats.

A minimum of 3 German Swimmers will be set in the C-Finals. The next 7 swimmers best ranked by points will participate in the multi-disability C-Final.

Youth-Final:

A Youth-Final will only take place for events with more than 40 entries in the heats. A minimum of 3 German Swimmers will be set in the Youth-Finals. The next 7 youth swimmers (youth classes A to D) best ranked by points after setting the Open Finals A - C will participate in the Youth-Final.

Scratches for multi-disability finals:

Scratches for multi-disability finals (including substitutes) must be made no later than half an hour after the results are presented.

If there are less than 8 swimmers for a Final subsequent to the World-Series-Final, the Final will be not swum. Finals will take place in a block of all B-, C- and Youth-Finals first, followed by the World Series-Finals.

2.5.4. Age Groups:

Open:	Offene Klasse (Open Class)	all competitors from YoB 2011
Youth:	Jugend A (Youth A)	yob 2004 - 2005
	Jugend B (Youth B)	yob 2006 - 2007
	Jugend C (Youth C)	yob 2008 – 2009
	Jugend D (Youth D)	yob 2010 – 2011

Due to the German Youth Protection Act swimmers born in 2011 are allowed to swim 6 events per day only, including heats and finals. Additionally, these swimmers are not allowed to swim the events of 200 butterfly, 400 IM and 800 freestyle.

3. COMPETITION INFORMATION

3.1. General Information

All relevant information, forms, links and results are to be found on the competition website www.idm-schwimmen.de

3.2. Competition Venue

Most of the competition venue and the next door Velodrom is built under ground level, the street view of the venue are concrete steps and a park. When entering the venue from the main street (Landsberger Allee) through the park on top of it, take the stairs or elevators to sub level 2 and enter through the swimming venues athletes' entrance.

When coming by car, follow the Paul-Heyse-Straße to the very end and enter the car park at the

barrier. Take the right way to get to sub level 2. Follow the way until you nearly get up again to find the swimming venues athletes' entrance.

3.3. Parking

Parking is available all around the competition venue. For the venue's car park a parking or transit permission is needed. Because of the small size of the parking venue the parking permits will be given only to wheelchair users or athletes with severe walking disabilities travelling with their own car. For parking and transit permissions for the competition venue please use the attached forms. We can only accept forms received at the latest Monday 31 May 2021. Permits can be picked up at the accreditation.

3.4. Training

There are limited training possibilities from Tuesday to Wednesday. There will be a timetable for training times for these days, the lanes given in the training schedule must be abided to and may not be changed. Due to the Corona restrictions all teams will be only permitted to enter the venue for their scheduled training slots. Training is possible during the following times:

Monday, 14/06/2021	07:00 am – 06:30 pm
Tuesday, 15/06/2021	07:00 am – 06:30 pm
Wednesday, 16/06/2021	07:00 am – 06:30 pm
Thursday to Sunday	07:00 am until 1 hour after last victory ceremony (training pool)

For training opportunities please contact Matthias Ulm (matthias.ulm@idm-schwimmen.de).

3.5. Technical Meeting

The Team Managers Meeting will take place on Wednesday 14 October 2020 at 07:00 pm online via Zoom. The login data will be provided after the registration has been accepted. Only one person per NPC/club can participate at the Technical Meeting.

3.6. Warm-up & Swim-down

The venue opens at 7:00 am and will stay open until one hour after the last victory ceremony in the evening. From 7:00 am to 8.30 am warm up is possible in the competition pool.

At all other times the upstairs pool (10 lanes 50m) is open for warm-up and swim-down during all competition days from 7:00am until one hour after the last victory ceremony.

The diving pool cannot be used for warm-up and swim-down!

3.7. Ice Baths, Massage Tables, Race analysis

Ice baths will not be available.

A registration is necessary to do physiotherapy or massages. Areas will be foreseen for these kind of treatments. Between the different areas a distance of 5m has to be kept at all times.

There is a race analysis area on the second level on the team stands site of the venue. Tables and power plugs will be available from Wednesday 16 June 2021.

Please respect the marks and DO NOT take away any tables, plugs, chairs etc. DO NOT exit the venue through the glass doors at the race analysis area! They are alarm secured!

3.8. Changing Rooms

Changing rooms are available at the competition level and next to the warm-up pool. Both sets of changing rooms have accessible facilities as well. Please follow the signs.

3.9. Call Rooms & Competition

Please read the notes regarding call rooms in the hygiene concept.

3.10. Accreditation Office

The Opening hours of the organization office are:

Wednesday, 16/06/2021	12:00 pm – 02:00 pm and 03:00 pm – 06:00 pm
Thursday, 17/06/2021	07:00 am – 10:00 am and 12:00 pm – 02:00 pm
Friday, 18/06/2021	07:00 am – 10:00 am and 12:00 pm – 02:00 pm
Saturday, 19/06/2021	07:00 am – 10:00 am and 12:00 pm – 02:00 pm
Sunday, 20/06/2021	07:00 am – 10:00 am and 12:00 pm – 02:00 pm

3.11. Sport Information Desk (SID)

The Sport Information Desk is located next to the 50m call room on the competition deck level of the venue.

A Sport Information Desk will operate at the competition venue on the days of competition, as well as during the training session on Wednesday 16 June 2021 from 3:00pm. It is the primary and only point of distribution for all event related information including the following:

- Distribution of start lists for the NPCs;
- Official communication with teams;
- Official forms distribution (Relay Entry form, Protest form, Medical withdrawal form);
- Liaison between teams and LOC / World Para Swimming.

For all Documents that have not been picked up from the SID at the end of the competition on Sunday the organizer assumes no liability.

3.12. Athletes & Team Officials Seating

Please read the notes regarding athletes' and team officials' seating in the hygiene concept.

Please note: both seating areas have emergency exits that have to be free at all times! DO NOT put anything in front of marked emergency exits!!!

3.13. Accreditation

Accreditation cards will be provided to each team based on the entries made through the online entry portal.

Accreditation cards will be needed on competition days to enter the venue and the competition areas. Athletes have to bring their accreditation cards to enter the call room! Without showing the card, access to the venue will not be possible. The cards can be picked up at the accreditation office from Wednesday 16/06/2021. The accreditation office can be found at the athletes' entrance.

In case an accreditation card gets lost, a replacement card can be asked for at the accreditation office. There will be a fee of 10€ to be paid cash on site to replace an accreditation card.

3.14. International Classification

This competition offers international classification for the following impairment types:

- Vision Impairment (VI) – Monday, 14/06/2021 and Wednesday, 16/06/2021, times depending on numbers of classifications. The classification will be held at the Beuth Hochschule für Technik, Institute for Optics, Kurfürstenstr. 141, 10785 Berlin. There will be a shuttle service from the competition venue to the classification venue and back. Meeting times for the shuttle will be included into the classification schedule. Please be at the meeting point in front of the competition venues' athlete entrance in time! An athlete who misses the scheduled shuttle will have to organize the transport to the classification venue on his/her own.
- Physical Impairment (PI) – Monday, 14/06/2021 until Wednesday, 16/06/2021, times depending on numbers of classification, PI classification will be held at the competition venue. Please enter the venue through the athletes' entrance and follow the signs.
- Intellectual Impairment (II) – Monday, 14/06/2021 until Wednesday, 16/06/2021, times depending on numbers of classification, PI classification will be held at the competition venue. Please enter the venue through the athletes' entrance and follow the signs.

Please note, given the importance of classification opportunities prior to Tokyo, we are looking into extending the number of classification days for this event. We are working with World Para

Swimming toward this and we will communicate any updates to nations at the earliest opportunity.

If an athlete is required to attend Athlete Evaluation, athletes must arrive at the competition prior to the start of the classification period. World Para Swimming will schedule athletes in accordance with the classification period and not arrival dates of athletes. World Para Swimming WILL NOT entertain any request to change any athlete's classification times.

If an athlete fails to attend classification at the scheduled time, the athlete will not be permitted to compete at the relevant competition.

If an athlete is classified non-eligible it is at the discretion of the Technical Delegate if the athlete is allowed to swim for performance only.

For all further information about international classification please contact Jovana Zrnzevic at Jovana.Zrnzevic@WorldParaSwimming.org.

4. Victory Ceremonies

Medals and diplomas

- preliminaries: youth classes A, B, C, D Masters classes 1, 2, and 3
Open class: classes S/SB/SM 1 – 14, AB,
- timed finals: open class ranking by 1000-point-system
800m freestyle, 200m backstroke, 200m breaststroke,
200m butterfly, 400m individual medley, all relay events
- finals: open finals ranking by 1000-point-system

There will be ceremonies for finals and timed finals only. All ceremonies will be held in the final sessions. Please take care that your swimmers attend to the ceremonies.

All diplomas and medals of the preliminaries can be picked up at SID. We will not redirect diplomas and medals.

Please read the hygiene concept for further information.

5. MEDICAL & ANTI-DOPING INFORMATION

5.1. Anti-Doping

The Championships are part of the NADA and NPC Germany Anti-Doping-Testing-Pool.

As a condition of entry, competitors agree if selected for testing to submit to Doping Control under the jurisdiction of the National Anti-Doping Agency Germany. The Anti-Doping Rules of NPC Germany apply to this event.

Results management for any Anti-Doping Rule Violation will remain the responsibility of the applicable National Federation.

It is the responsibility of each athlete to comply with the Anti-Doping Rules of NPC Germany while at this event. In addition, it is the responsibility of each athlete to submit to Doping Control at this event if selected for testing.

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

<https://www.paralympic.org/swimming/rules-and-regulations/anti-doping>

5.2. Medical Services at the Venue

First aid service will be available at the competition venue throughout the competition days.

5.3. Insurance

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation. All delegation members must have appropriate accident and health insurance accepted in order to compete. The LOC will provide only basic medical services in the venue

No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

In case of a cancellation of the event the LOC will not refund or cover any costs concerning travel to the NPC/Teams.

5.4. Medical Attention

For any medical problems that cannot be treated by the competitions first aid service, the Emergency Room of the close by hospital will be the contact point.

Address:

Rettungsstelle Vivantes Krankenhaus Friedrichshain

Landsberger Allee 49

10249 Berlin

Phone: +49 30 130 23 0

PARKING / TRANSIT PERMISSION

Until 31 May 2021 to be sent to:

Behinderten- und Rehabilitations- Sportverband Berlin e.V.

Hanns-Braun-Str., Kursistenflügel

14053 Berlin

E-Mail: woelke@bsberlin.de

Nation: _____

We order a

transit permission parking permission

for the car with the registration plate: _____

For further questions please contact:

Name: _____ First name: _____

Phone: _____ Fax: _____
(incl. Country Code) (incl. Country Code)

Mobile: _____ E-Mail: _____
(incl. Country Code)

Signature of Athlete / Team Official

Place, Date

SARS-CoV-2 risk questionnaire

We are currently obliged to document contact details and times of stay of our visitors to enable the monitoring of the Corona pandemic.

Please enter your contact details in the following form. The data is used for traceability according to the current CoronaSchVo, in order to be able to name all persons to the health authority in case of an infection with the coronavirus SARS-CoV-2.

If you do not agree with the collection of this data, you are unfortunately not allowed to enter the swimming and diving hall at the Europa Sportpark, Berlin for this event. The undersigned assures with his*her signature that the data has been entered correctly. Subsequent costs resulting from incorrect data will be charged to the signatory.

Purpose of the legal basis of the processing

Data collection is carried out for the purpose of traceability of infectious diseases related to the coronavirus SARS-CoV-2.

Transmission of data to third parties

The above-mentioned data will only be transmitted to the competent health authority for the above-mentioned purposes. Your data will only be passed on to third parties on the basis of the above-mentioned legal basis. They are expressly not used for advertising purposes.

Duration of storage

The data is stored for 4 weeks from the time of your visit to our website. Afterwards they will be properly destroyed.

I have noted and accepted the hygiene concept for IDM Para Swimming.

1. Personal data

Name:		Given Name:	
Date of birth:		Function:	
Team:			
Address:		Phone (mobile):	
E-Mail:		Country:	

With my signature I confirm that the information I have given is correct and that participation in the event is voluntary. I agree to comply with and ensure compliance with the existing regulations and procedures regarding hygiene measures in connection with IDM Para Swimming. In case of infection or suspicion of COVID-19 infection, the DBS will not cover any direct or indirect consequential or additional costs resulting from participation.

Date, Signature (signature of the legal representative for minors)

2. Evaluation of contact risks

Please answer the questions to evaluate the contact risks for SARS- CoV-2	Yes	No
Did you have contact to a confirmed SARS-CoV-2 case within the last 14 days?		
Did you have to undergo a quarantine by regulatory action in the context of SARS-CoV-2? If so, please indicate the date of the end of the quarantine: _____		
Did you spent any time outside of your home town in the past 14 days? If so, please indicate where and when: _____		

3. Evaluation of symptoms

Please answer the questions about your current clinical symptoms! (Please consider the period of the last 14 days)	Yes	No
Fever		
General feeling of illness, head ache and body aches		
Cough		
Dyspnoea		
Disorder of taste and/or smell		
Sore throat		
Rhinitis		
Diarrhea		

If one of the questions is answered in the affirmative, you will need to provide a medical certificate of good health.