

# IDM BERLIN 2023



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# 1 WELCOME

The National Paralympic Committee of Germany has the pleasure to invite all federations and foreign clubs to take part at the Internationale Deutsche Meisterschaften Berlin Para Swimming.

This event will be running in conjunction with the Citi Para Swimming World Series Berlin 2023.

This meet is open to classified swimmers with a disability from all nations. For athletes with a national classification the exceptions have to be indicated with the entry.

## 2 GENERAL INFORMATION

### 2.1 Dates & General Information

Date of Competition:	11 – 14 May 2023
Entry by Name Deadline:	17 March 2023
Entry Deadline:	21 April 2023
Organizer:	National Paralympic Committee Germany - Section Swimming
Host (LOC):	Behinderten- und Rehabilitations- Sportverband Berlin e.V
Contact LOC:	<a href="#">Claudiu Ciurea</a> <a href="#">Michael Dennis</a>
Contact WPS:	<a href="#">Xiaoyi Wang</a>

### 2.2 Venue Overview

Schwimm- und Sprunghalle im Europa Sportpark  
Paul – Heyse – Strasse 26  
10407 Berlin  
Germany

Pool:	Competition pool	Warm up/down pool
Size:	50 x 25m, depth 3m	50 x 25m, depth 2,10m
Water temperature:	26°C	26°C
No of lanes:	10	10
Kind of ropes:	Super Wave killer	Wave killer
Timing system:	Omega electronic timing	

The warm up / swim down pool will be available during the whole competition.

## 2.3 Traveling to Berlin

Berlin has one international airport, Flughafen Berlin Brandenburg (BER).

When traveling by train, the closest station is Berlin Ostbahnhof but Berlin Main Station is possible as well.

For teams traveling by car: Please note, the inner city in Berlin is declared as environmental zone, only low-emission vehicles are allowed into. These vehicles must be identified by a green sticker. More information can be found [here](#).

## 2.4 Visa

It is the responsibility of each nation to ensure they have the proper documentation to enter Germany. Should visa be required, please contact Ulrike Hentschel at NPC Germany for a letter of support (if required) via [hentschel@dbs-npc.de](mailto:hentschel@dbs-npc.de). Please use the attached form for Visa applications (see at downloads at [IDM website](#)).

Please note, an informal letter from your NPC is required to get the letter of support. To check if you need a visa for entering Germany, please check with the [Federal Foreign Office](#).

## 2.5 Accommodation and Transport

Teams are requested to book the championships 'All In' Package to reduce the transmission of COVID-19. The 'All In' Package can be booked directly in the online entry system of the IDM Berlin. Further information can be found on our Website.

For further questions, please contact:

for all hotel requests [hotel@bsberlin.de](mailto:hotel@bsberlin.de)

## 2.6 Competition Fee

The entry fee is:       € 140 per swimmer  
                              € 40 per staff (coaches, medicals, assistance, etc.)  
                              € 20 per relay

Late entry fee:       € 10 per single change (addition and/or scratch) after 21 April 2023

Entry fees do not include accommodation, transport in Berlin and meals!

For the entry fees you will receive an official invoice with a payment deadline and reference number. Account details for the entry fee payment will be listed on the entry fee invoice sent to the NPC or club due to their entries made in the online entry system. The fee must be paid before 5 May 2023. For all payments made after this deadline we will charge an extra fee of 50,00 €.

## 3 SPORT ENTRIES

[Our online-entry-system](#) will be the only way to enter and edit team contacts, swimmers and staff, entries, all-in-package bookings, etc.

Please be aware that you have to create a new account for the IDM 2023!

### Request of international classification

International classification will be offered by World Para Swimming for swimmers only entered for Citi Para Swimming World Series Berlin. Please check the relevant [entry pack](#) and take care to enter the relevant swimmers at the [IPC SDMS Online Entry system](#).

### 3.1 Entries

**Entry by Name Deadline:** Monday, 13 March 2023

Both, athletes, and staff need to be registered until that date. After this deadline it will NOT be possible to enter additional personal.

Events can be entered and changed until the event entry deadline four weeks prior to the competition.

**Event Entry Deadline:** Friday, 21 April 2023

All teams have time until 21 April 2023 to edit their entries on the website. Any change or addition of events after that deadline will be penalized with a subsequent fee of 10 € per change and has to be sent via e-mail to [meldung@idm-schwimmen.de](mailto:meldung@idm-schwimmen.de).

### 3.2 Confirmation of entries and corrections

All NPCs/teams will be informed about their entries as of 25 April. The teams have to send all corrections to [meldung@idm-schwimmen.de](mailto:meldung@idm-schwimmen.de) until 1 May.

### 3.3 Competition Format and Schedule

Internationale Deutsche Meisterschaften im Para Schwimmen will be run under World Para Swimming technical swimming rules and regulations. The one start rule will apply for the Para Swimming World Series Berlin 2023 incorporating Internationale Deutsche Meisterschaften im Para Schwimmen. Please be aware that only FINA approved swimsuits will be allowed at the IDM Berlin. The competition is open for swimmers with a physical, a visual or an intellectual impairment. Competitions for the classes S1 - S14 will be offered. Seeding will be done according to entry times and independently of classification. All rankings will be done by German 1000 Point System.

The event schedule can be found in the attachment. For all changes and updates, please check the event website [www.idm-schwimmen.de](http://www.idm-schwimmen.de).

## 3.4 Swimmers Eligibility

The IDM Berlin is open for swimmers with impairments only.

WPS licensed Swimmers have to enter the event using their WPS SDMS ID and their current World Para Swimming classification which may be found online at <https://www.paralympic.org/swimming/classification/masterlist>

International Swimmers without an international classification will be allowed to take part in the heats and finals with their national classification and exceptions. It is the responsibility of the entering federation or club to enter the exceptions for these swimmers at the entry portal in case of participation with national classification. The competitor will be handled like an able bodied swimmer without entered exceptions.

## 3.5 Rules & Regulations

For all events the current World Para Swimming Rules and Regulations ([WPS Rules & Regulations](#)) apply. The multiclass format by points (german 1000 point system) will be in use for IDM. The following amendments to the World Para Swimming Rules and Regulations will apply for this competition:

### 3.5.1 Heats:

The Heats will be set together with the entered athletes of the Citi Para Swimming World Series by times only in a timed final mode, fastest by times in the last heat.

### 3.5.2 Restrictions for Competition Entries:

Due to the German Youth Protection Act swimmers born in 2013 are allowed to swim 6 events per day only, including heats and finals. Additionally, these swimmers are not allowed to swim the events of 200 butterfly, 400 IM and 800 freestyle.

There are restrictions for some classes for the events of 400m and 800m freestyle, 200m breaststroke, 100m and 200m butterfly, 150m, 200m and 400m Individual Medley (list of events in appendix).

#### a) 800m Freestyle, 400m Individual Medley:

There will be only two (2) heats for the start classes S6-14 in the events of 800m freestyle and 400 individual medley.

The best 20 entries per event will be accepted by system of 1000 – points. All Athletes born 2012 (and before) are not allowed to enter this competition.

#### b) 400m Freestyle:

We will only accept the best 40 entries by points for start classes S5-14 for the heats in the events of 400m freestyle in Open Class. Start classes S1-4 are not eligible. For swimmers in youth classes (start classes S5-14) there will be no entry restrictions at 400m freestyle.

### 3.5.3 Finals:

The participating swimmers in the multi-disability finals will be determined by comparing the achieved times from the preliminary event by 1000 - point system.

In the case of a tie race by points and no waiver of the final place there will be a swim off. Seeding and ranking of all Finals will be by points.

#### Citi Para Swimming Finals:

There can be Citi Para Swimming World Series finals A and B for world series entered swimmers only. The IDM Berlin Open and Youth finals will be open for IDM events entered swimmers only.

#### IDM Berlin Final:

The best 10 swimmers by points per final event qualify for the IDM Berlin Final. There will be named up to 2 reserve swimmers. The 150m IM final will be offered for a minimum of 4 swimmers.

#### IDM Berlin Youth Final:

The best 10 youth class swimmers by points per final event, not qualified for the IDM Berlin Final qualify for the IDM Berlin Youth Final. There will be named up to 3 reserve swimmers.

#### Scratches for multi-disability finals:

Scratches for multi-disability finals (including substitutes) must be made no later than half an hour after the results are presented.

When the start list for a final is official no substitutes will be entered from this point. So they do not have to attend to the call room for the final.

If there are less than 8 swimmers for a final, the final will be not swum. Finals will take place in a block of all finals.

### 3.5.4 Age Groups:

Open:	Offene Klasse (Open Class)	all competitors from YoB 2013
Youth:	Jugend A (Youth A)	yob 2006 – 2007
	Jugend B (Youth B)	yob 2008 – 2009
	Jugend C (Youth C)	yob 2010 – 2011
	Jugend D (Youth D)	yob 2012 – 2013

## 4 COMPETITION INFORMATION

### 4.1 General Information

All relevant information, forms, links and results are to be found on the competition website [www.idm-schwimmen.de](http://www.idm-schwimmen.de)

## 4.2 Competition Venue

Most of the competition venue and the next door Velodrom is built under ground level, the street view of the venue are concrete steps and a park. When entering the venue from the main street (Landsberger Allee) through the park on top of it, take the stairs or elevators to sub level 2 and enter through the swimming venues athletes' entrance.

When coming by car, follow the Paul-Heyse-Straße to the very end and enter the car park at the barrier. Take the right way to get to sub level 2. Follow the way until you nearly get up again to find the swimming venues athletes' entrance.

## 4.3 Parking

Parking is available all around the competition venue. For the venue's car park a parking or transit permission is needed. Because of the small size of the parking venue the parking permits will be given only to wheelchair users or athletes with severe walking disabilities travelling with their own car. For parking and transit permissions for the competition venue please use the attached forms. We can only accept forms received at the latest **28 April 2023**. Permits can be picked up at the accreditation.

## 4.4 Training

There are limited training possibilities from Monday to Wednesday. There will be a timetable for training times for these days, the lanes given in the training schedule must be abided to and may not be changed. Training is possible during the following times:

Monday, 08/05/2023	07:00 am – 06:30 pm
Tuesday, 09/05/2023	07:00 am – 06:30 pm
Wednesday, 10/05/2023	07:00 am – 06:30 pm
Thursday to Sunday	07:00 am until 1 hour after last victory ceremony (training pool)

For training opportunities please enter your training preferences here.

## 4.5 Technical Meeting

The Team Managers Meeting will take place on Wednesday 10 May 2023 at 7:00 pm at the competition venue.

## 4.6 Warm-up & Swim-down

The venue opens at 7:00 am and will stay open until one hour after the last victory ceremony in the evening. From 7:00 am to 8:30 am warm up is possible in the competition pool.

At all other times the upstairs pool (10 lanes 50m) is open for warm-up and swim-down during all competition days from 7:00 am until one hour after the last victory ceremony at least.

The diving pool cannot be used for warm-up and swim-down!



## 4.7 Ice Baths, Massage Tables, Race analysis

Ice baths will not be available.

A registration is necessary to do physiotherapy or massages. Areas will be foreseen for these kind of treatments.

There is a race analysis area on the second level on the entrance site of the venue. Tables and power plugs will be available earliest from Wednesday 10 May 2023.

Please respect the marks and DO NOT take away any tables, plugs, chairs etc. DO NOT exit the venue through the glass doors at the race analysis area! They are alarm secured!

## 4.8 Changing Rooms

Changing rooms are available at the competition level and next to the warm-up pool. Both sets of changing rooms have accessible facilities as well. Please follow the signs.

## 4.9 Call Rooms & Competition

Please read the notes regarding call rooms in the hygiene concept.

## 4.10 Accreditation Office

The Opening hours of the accreditation office are:

Wednesday, 10/05/2023	12:00 pm – 02:00 pm and 03:00 pm – 06:00 pm
Thursday, 11/05/2023	07:00 am – 10:00 am and 12:00 pm – 02:00 pm
Friday, 12/05/2023	07:00 am – 10:00 am and 12:00 pm – 02:00 pm
Saturday, 13/05/2023	07:00 am – 10:00 am and 12:00 pm – 02:00 pm
Sunday, 14/05/2023	07:00 am – 10:00 am and 12:00 pm – 02:00 pm

## 4.11 Sport Information Desk (SID)

The Sport Information Desk is located next to the 50m call room on the competition deck level of the venue.

A Sport Information Desk will operate at the competition venue on the days of competition, as well as during the training session on Wednesday 10 May 2023 from 3:00pm. It is the primary and only point of distribution for all event related information including the following:

- Distribution of start lists for the NPCs;
- Official communication with teams;
- Official forms distribution (Relay Entry form, Protest form, Medical withdrawal form);
- Liaison between teams and LOC / World Para Swimming.

For all Documents that have not been picked up from the SID at the end of the competition on Sunday the organizer assumes no liability.

## 4.12 Athletes & Team Officials Seating

All teams can use the stands of the venue. There will be a public only area beside the starting side at the entrance side stands.

Please note, both seating areas have emergency exits that must be free at all times! DO NOT put anything in front of marked emergency exits!

## 4.13 Accreditation

For team accreditation you need to register your team at our [IDM Berlin entry portal](#).

Accreditation cards will be provided to each team based on the listing made through the online entry portal.

Accreditation cards will be needed on competition days to enter the venue and the competition areas. Athletes must bring their accreditation cards to enter the call room! Without showing the card, access to the venue will not be possible. The cards can be picked up at the accreditation office from Wednesday 10/05/2023. The accreditation office can be found at the athletes' entrance.

In case an accreditation card gets lost, a replacement card can be asked for at the accreditation office. There will be a fee of 10€ to be paid cash on site to replace an accreditation card.

## 4.14 International Classification

For all international classification you need to undergo the World Para Swimming request procedure and enter your swimmer in the relevant Citi Para Swimming World Series via the [IPC SDMS Online Entry system](#).

# 5 Victory Ceremonies

Medals and diplomas

preliminaries:	youth classes A, B, C, D Masters classes 1, 2, and 3 Open class: classes S/SB/SM 1 – 14, AB,
timed finals:	open class ranking by 1000-point-system 800m freestyle, 200m backstroke, 200m breaststroke, 200m butterfly, 400m individual medley, all relay events
finals:	open finals ranking by 1000-point-system

There will be ceremonies for finals and timed finals only. All ceremonies will be held in the final sessions. NPC Germany and Berlin Para Sports requests the cooperation of all swimmers and coaches in the presentation of medals. Medal presentations will be held as soon as possible after the results have been published. Place getters should proceed directly to the presentation area in their team uniform.

All diplomas and medals of the preliminaries can be picked up at SID. We will not redirect diplomas and medals.

## 6 MEDICAL & ANTI-DOPING INFORMATION

### 6.1 Anti-Doping

The Championships are part of the NADA and NPC Germany Anti-Doping-Testing-Pool.

As a condition of entry, competitors agree if selected for testing to submit to Doping Control under the jurisdiction of the National Anti-Doping Agency Germany. The Anti-Doping Rules of NPC Germany apply to this event.

Results management for any Anti-Doping Rule Violation will remain the responsibility of the applicable National Federation.

It is the responsibility of each athlete to comply with the Anti-Doping Rules of NPC Germany while at this event. In addition, it is the responsibility of each athlete to submit to Doping Control at this event if selected for testing.

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

<https://www.paralympic.org/swimming/rules-and-regulations/anti-doping>

### 6.2 Medical Services at the Venue

First aid service will be available at the competition venue throughout the competition days.

### 6.3 Insurance

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents, and repatriation. All delegation members must have appropriate accident and health insurance accepted to compete. The LOC will provide only basic medical services in the venue

No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

In case of a cancellation of the event the LOC will not refund or cover any costs concerning travel to the NPC/Teams.

## 6.4 Medical Attention

For any medical problems that cannot be treated by the competition's first aid service, the Emergency Room of the close by hospital will be the contact point.

Address:

Rettungsstelle Vivantes Krankenhaus Friedrichshain

Landsberger Allee 49

10249 Berlin

Phone: +49 30 130 23 0

## 7. Appendix

### 7.1 Championships Programme

#### Thursday 11 May 2023 – heats 9.00 – finals 17.00

200m Freestyle	male and female	S1-14	heats and finals
100m Butterfly	male and female	S5-14	heats and finals
100m Breaststroke	male and female	SB1-14	heats and finals
4x50m Individual Medley	mixed	S1-14	timed finals
400m Individual Medley	male and female	SM6-14	timed finals
200m Backstroke	male and female	S1-14	timed finals

#### Friday 12 May 2023 - heats 9.00 – finals 17.00

100m Freestyle	female and male	S1-14	heats and finals
50m Backstroke	female and male	S1-14	heats and finals
150m Individual Medley	female and male	SM1-4	heats and finals
4x100m Freestyle	mixed	S1-14	timed finals
800m Freestyle	female and male	S6-14	timed finals

#### Saturday 13 May 2023 - heats 9.00 – finals 17.00

50m Freestyle	male and female	S1-14	heats and finals
50m Breaststroke	male and female	SB1-14	heats and finals
400m Freestyle	male and female	S5-14	heats and finals
4x100m Individual Medley	mixed	S1-14	timed finals
200m Butterfly	male and female	S5-14	timed finals

#### Sunday 14 May 2023 – heats 9.00 – finals 16.00

100m Backstroke	female and male	S1-14	heats and finals
200m Individual Medley	female and male	SM3-14	heats and finals
50m Butterfly	female and male	S1-14	heats and finals
4x50m Freestyle	mixed	S1-14	timed finals
200m Breaststroke	female and male	SB4-14	timed finals

